

Jonathon Recommends...

[What the Heck is Self-Love Anyway?](#) By Jonathon Aslay

[Understand Men Now: The Relationships Men Commit To And Why](#) By Jonathon Aslay

[Eight Dates: Essential Conversations for a Lifetime of Love](#) By John Gottman Ph.D., Julie Schwartz Gottman Ph.D., Doug Abrams, Rachel Carlton Abrams M.D.

[Getting the Love You Want: A Guide for Couples: Third Edition](#) By Harville Hendrix Ph.D., Helen LaKelly Hunt PhD

[The Untethered Soul: The Journey Beyond Yourself](#) By Michael A. Singer

[Attached: The New Science of Adult Attachment and How It Can Help You Find - and Keep - Love](#) By Amir Levine, Rachel Heller

[He's Scared, She's Scared: Understanding the Hidden Fears That Sabotage Your Relationships](#) By Steven Carter, Julia Sokol

[A Return to Love: Reflections on the Principles of "A Course in Miracles"](#) By Marianne Williamson

[The 5 Love Languages: The Secret to Love That Lasts](#) By Gary Chapman

[Hold Me Tight: Seven Conversations for a Lifetime of Love](#) By Dr. Sue Johnson EdD

[Talking to Strangers](#) By Malcolm Gladwell

[Nonviolent Communication: A Language of Life](#) By Marshall B. Rosenberg, PhD

[Emotional Intimacy](#) By Robert Augustus Masters PhD

[How to Make Love All the Time](#) By Barbara De Angelis

[I Hear You: The Surprisingly Simple Skill Behind Extraordinary Relationships](#) By Michael S. Sorensen

[If the Buddha Dated: A Handbook for Finding Love on a Spiritual Path](#) by Charlotte Kasl, PhD

[The Seven Principles for Making a Marriage Work](#) by John M. Gottman, PhD and Nan Silver

[Mating in Captivity: Unlocking Erotic Intelligence](#) by Esther Perel

[The Hoffman Process](#) by Tim Laurence

[How to Build Trust in a Relationship](#) by Claire Robin

[Couples Communication Guide to Love and Happiness](#) by Olivia Lisenchi

[Attached: The New Science of Adult Attachment and How It Can Help You Find – and Keep – Love](#) by Amir Levine, D and Rachel S. F. Heller, MA

This page is part of a paid affiliate program with Amazon #comissionsearned

“As an Amazon Associate, I earn from qualifying purchases.”